

lunch

rotisserie

Rotisserie roasted free range Irish chicken (1/2)..... €16.50
served with rotisserie roasted potatoes and a selection of salads

Choose a sauce: chimichurri, sun dried tomato & tarragon mayo, smokey bourbon sauce

Today's soup served with multiseed brown bread...€5.50

Salad - your choice from todays selection€6.50

Super Food Salad (also available in a wrap)..... €10.00
add chicken €4, add smoked salmon €5

Chicken Caesar salad€14.00

Rotisserie roasted chicken roll , stuffing, bacon,
caramelised onion, sun dried tomato and
tarragon mayo, rocket
served with a cup of soup or a salad€10.00

Savoury tart of the day served with a selection
of today's salads€12.50

Falafel Bowl
green chili & chickpea falafels, hummus,
avocado, salads & seeds€12.50

Wrights smoked salmon with pickled cucumber
& remoulade€13.50

Haddock smokies with crusty bread€9.50

sides

Rotisserie roasted potatoes€4.00
add truffle & parmesan €1

Truffle mac & cheese€5.00

Sauces

Chimichurri, sun dried tomato & tarragon
mayo, smokey bourbon sauce€1.00

Add a scoop of salad or a cup of soup...€2.00

sweet things

Please see the board for today's selection